

PRAYER AND STUDY GUIDE

This is just a guide to spending one hour alone with God. The important thing here is that you spend time alone with God, and not worry about how much time. This time is more effective if combined with some form of fasting, whether it be skipping a meal and spending time with God or a more extended time of fasting. This guideline is to provide structure to your prayer and bible study time. Get a notebook and begin to journal your quiet time.

1. Prepare-Psalm 63:1-8

- Focus in and focus on Christ
- Have a bible, pen, paper, etc
- Get comfortable and quiet. No tv or cell phone
- Pray out loud if your mind begins to wonder
- Don't do all the talking, listen to God
- Talk naturally and honestly

2. Wait-Psalm 239:23-24

- Be open and honest with Christ
- Let God search you pointing out unconfessed sin
- Let God show you what He wants you to do

3. Confess-1 John 1:9

- Whenever God convicts you, immediately confess and ask for forgiveness
- Thank God for His forgiveness

4. Bible Study-2 Timothy 3:16

- Pick a book of the Bible and stay there for several weeks or even months
- Use a commentary or a bible study app for study helps
- Ask what does it say about Jesus
- What is the context of the passage
- When God speaks stop and listen
- Turn the scripture into prayer

5. Meditate-Psalm 1:1-2

- Apply God's Word
- What does the text want me to do
- Write down what it says

6. Petition-Matthew 7:7

- Pray for personal revival and personal needs
- Be honest
- Ask God for little things
- Pray that “God’s will be done”

7. Intercession-1 Timothy 2:1-2

- Pray for lost family and friends
- Pray for revival for others
- Pray for your Pastor and church leaders
- Pray for your community and neighbors
- Pray for our nation
- Pray for any other burden on your heart
- Pray that others within Tharptown Baptist would long and seek after God

8. Faith-Matthew 21:22

- Place all your requests on the altar of faith
- Claim God’s promises
- Step out and ask God for the miraculous
- Leave the results to God

9. Application-James 1:22

- Be doers of the Word and not just hearers
- Ask God for one thing he wants you to do
- Be specific

10. Praise and Thanksgiving-Psalm 150

- Spend time worshipping God through song(may want to sing or read lyrics from a song)
- Enjoy God’s presence
- Praise God for who He is
- Thank God for what He has done and what He is going to do